



New Coach Application

Extended Application Deadline: August 26, 2011
Questions: Contact Becky Antilla at becky@girlsrun.org or
206-528-2118

Mail or fax applications to:
Girls on the Run of Puget Sound
Attn: Becky Antilla
8757 15th Ave NW
Seattle, WA 98117
Fax: 206-524-5526

CONTACT INFORMATION

Name: _____ Birth Date: _____ Age: _____

Phone: Home _____ Cell _____ Work _____

Address: _____ City: _____

State: _____ Zip Code: _____ E-mail Address (required): _____

Race (optional): Caucasian African American American Indian Asian Hispanic Pacific Islander
 Multi-Racial Other: _____ Abstain

Preferred Method of Contact (check any that apply): E-mail Home Phone Cell Phone Work Phone

T-shirt Size (unisex, adult sizes - check one.): Small Medium Large Extra Large Extra-Extra Large

COACH POSITION PREFERENCES

Indicate your coach position preference by ranking the positions with 1, 2, or 3 (1 indicates highest interest). Please read through the coach position description, which can be found at <http://www.girlsrun.org/coach.html>, before filling out this part of the application. **Although our preference is for coaches that can coach two days a week, we are happy to work with you if you can only coach once a week.** Please contact our office to discuss options if you are only able to coach once a week.

_____ Lead Coach _____ Co-Coach _____ Sub Coach

PROGRAM SITE PREFERENCES

Indicate the top three program sites you prefer to be placed for coaching. Program locations along with addresses, days and times are available at <http://www.girlsrun.org/spring2011.html>. Program site assignments for coaches will be announced on September 8th, 2011.

Program site:	Days available to coach:
1. _____	_____
2. _____	_____
3. _____	_____

FIRST AID & CPR CERTIFICATION: *One coach at each site is required to be CPR & 1st Aid certified*

- I am First Aid certified. Expiration date of certification: _____
- I am CPR certified. Expiration date of certification: _____
- I am not First Aid or CPR certified, but I am willing to obtain certification in both prior to the start of the program.

QUESTIONNAIRE

Tell us why you want to be a volunteer Coach for Girls on the Run. What attracted you to the program? _____

Describe any experience you have working with children: _____

Describe any experience you have in a group leadership role: _____

How did you hear about Girls on the Run? _____

How did you hear about the volunteer coach position with Girls on the Run? _____

REFERENCES

List three individuals who can serve as references for you and your character, especially pertaining to any experience you have working with children and/or with group leadership. Do not list family members.

1. Name: _____ Phone Number: _____

Email: _____

How do you know this person? _____ Years Known: _____

2. Name: _____ Phone Number: _____

Email: _____

How do you know this person? _____ Years Known: _____

3. Name: _____ Phone Number: _____

Email: _____

How do you know this person? _____ Years Known: _____

EMPLOYMENT, VOLUNTEER, & EDUCATION HISTORY

Briefly list your most recent work history:

Employer: _____ Position: _____ Dates: _____

Employer: _____ Position: _____ Dates: _____

Employer: _____ Position: _____ Dates: _____

Briefly list your volunteer experience:

Name of Organization: _____ Title: _____ Dates: _____

Name of Organization: _____ Title: _____ Dates: _____

Briefly list your education background:

Post Bachelor Institution: _____ Degree: _____ Dates: _____

Undergraduate Institution: _____ Degree: _____ Dates: _____

High School: _____ Degree: _____ Dates: _____

Thank you for applying to volunteer coach! We appreciate your support to educate and prepare girls for a lifetime of self-respect and healthy living.

Girls on the Run of Puget Sound (GOTRPS) aims to foster an environment that recognizes, respects, and values different backgrounds and talents. GOTRPS is committed to provide equal opportunities and will not tolerate discrimination or harassment on the basis of race, color, religion, sex, gender, sexual orientation, national origin, age, or disability. Employees and volunteers are encouraged to exhibit a personal commitment to supporting equal opportunity and the understanding that it is an important part of our culture.